



Who is Dr. Shellie?

Meet Dr. Shellie M. Bowman, Sr.

Dr. Shellie is a seasoned Public Administration Strategist, Accredited Executive and Life Coach (ACC), and Master Business Relationship Manager (MBRM) possessing a Doctorate in Public Administration. With over twenty years of experience, Dr. Shellie has adeptly guided individuals in achieving growth, purpose, and personal clarity. He expertly integrates research with organizational strategy and IT implementation. Dr. Shellie is the esteemed author of Self-Leadership and Success Strategies for Busy Professionals and the founder of eLEADt Coaching & Consulting LLC.

Dr. Shellie Specialties:

- Public Sector Strategy and I.T. Alignment
- Public Leadership and Workplace Affairs
- Governance Support
- Executive / Leadership Coaching
- Personal Transformation Coaching



Coaching Philosophy

Dr. Shellie believes personal transformation is a process of self-leadership, where the answers are already within you, and the right coach helps you bring them forward.

Sample Coaching Program

"Leading From Within" – Six (6) Session Personal Growth Series

This popular coaching series is ideal for professionals and purpose-driven individuals looking to make real progress in life.

Session Themes Include:

1. Clarifying Your Purpose
2. Breaking Through Limiting Beliefs
3. Energy, Habits, and Self-Discipline
4. Communication & Relationship Skills
5. Boundaries & Emotional Intelligence
6. Sustaining Your Personal Growth

Includes a copy of Self-Leadership and Success Strategies

6 weekly 1:1 coaching sessions (60 min)

Held virtually via Zoom

Ready to Begin?

Schedule your free discovery call: <https://calendly.com/drshelliebowman>

